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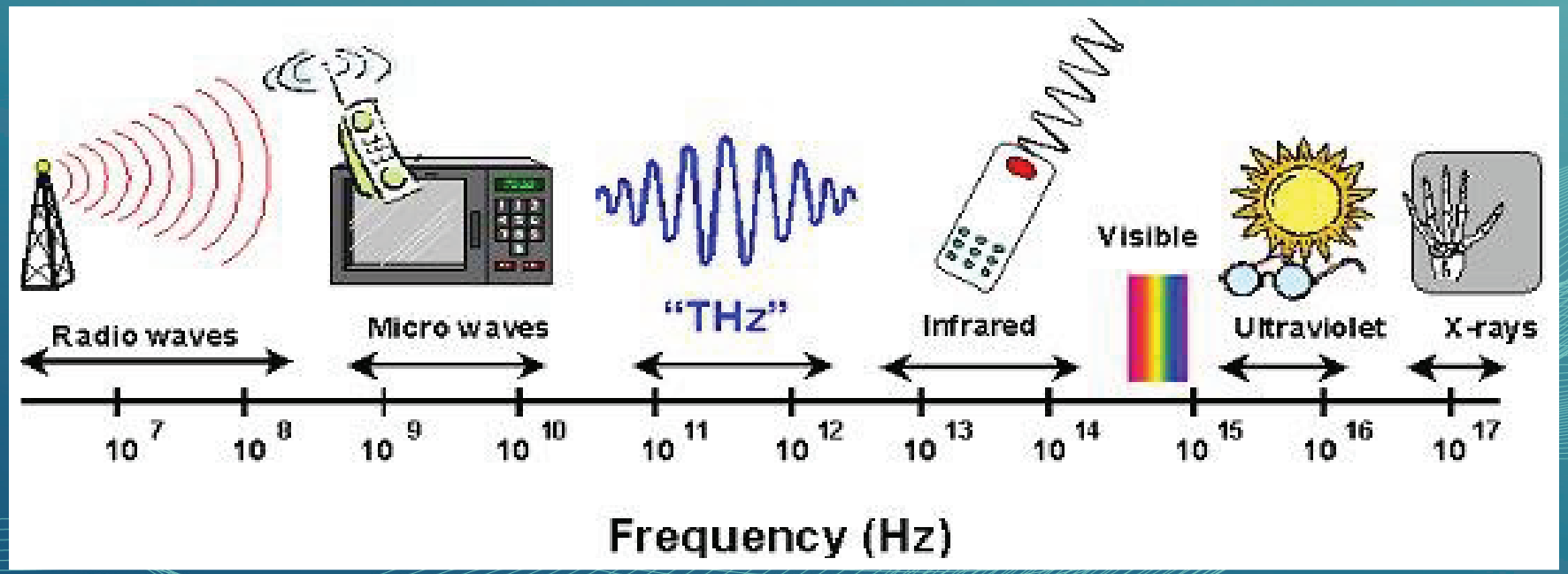
Q1 : What is Terahertz energy?

A1 : Electromagnetic radiation in the frequency range from roughly 0.1 THZ to 10 THZ, corresponding to wavelengths from 3 mm down to 30 mm. Such frequencies are higher than those of radio waves and microwaves, but lower than those of infrared light.



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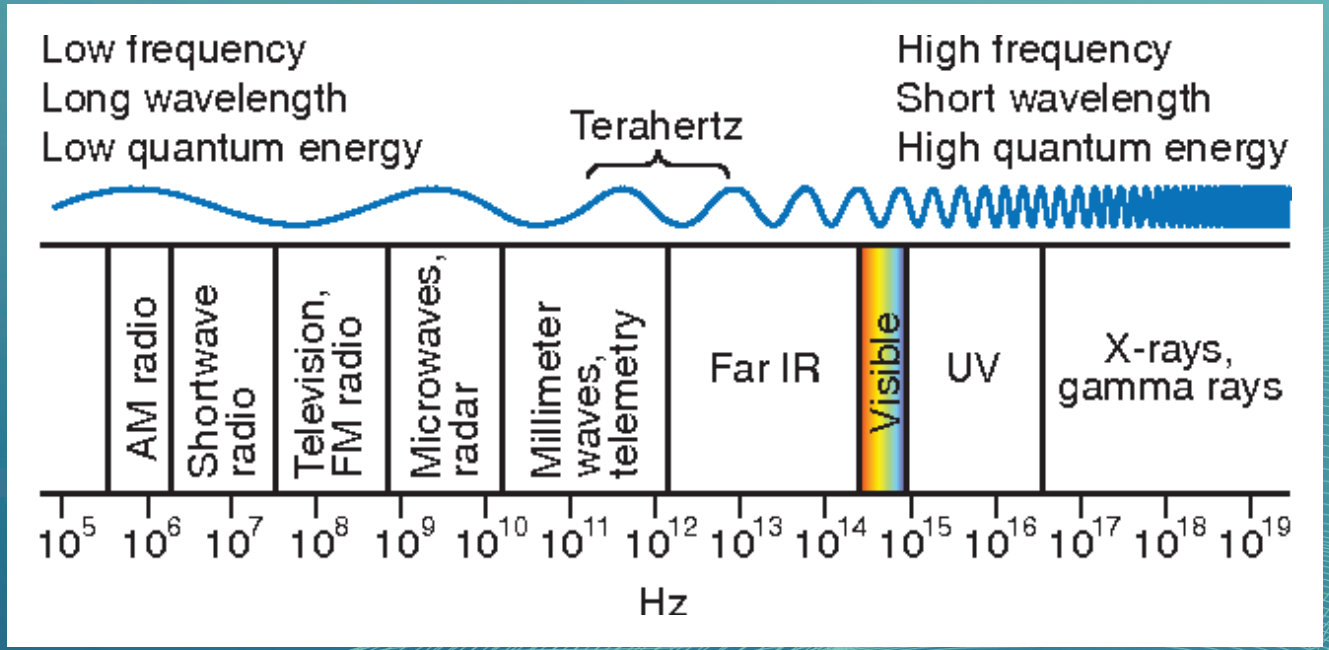
Q1 : What is the difference between Terahertz and Infra-red?

A2 : Terahertz waves have

- Lower frequency
- Lower wavelength
- Lower quantum energy
- Lesser heating issues



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Q3 : What are the benefits of Terahertz compared to other electromagnetic wavebands?

A3 : 1. Harmless but powerful

2. Can penetrate most organic substances

3. Absorbed by water

4. The future of medicine

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Q4 : Is it safe to use Terahertz on humans?

A4 :

1. Harmless but powerful
2. More and more research is now being done
3. So far no one has given negative testimonies
4. THZ radiation is non-ionizing and is considered to be safe for humans at low frequencies

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Q5 : Can Terahertz treat sickness?

A5 :

1. We never claim to be able to treat or cure patients or individuals
2. Only doctors and licenced professional are allowed to treat and cure patients
3. The i-TeraCare blower is a therapeutic device and helps with natural healing focusing on meridian/chakra and reflexology points

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Q6 : How many times do I need to blow in a day?

A6 :

1. Once a day is already good enough
2. If you have the time, you can do up to 3 times in a day. Give a period of 4 hours in between each treatment

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Q7 : How long can the i-TeraCare blower last?

A7 :

1. It comes with a 1 year warranty.
2. The blower is expected to last at least 5 years if you handle with care

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Q8 : i-TeraCare is made in China. Will there be any quality issue?

A8 :

1. i-TeraCare is contracted with a reputable manufacturer who is certified by the Chinese Academy of Sciences and Sinochem. Their product is also patented. Their reputation is at stake.
2. In spite of stringent quality control, we have to accept that some may turn up to be faulty (3%)
3. i-TeraCare will look into or replace each and every device which is a result of the manufacturer's fault
4. Send the device back to the company with a note stating your details, especially your name, H/P no., returm address, user ID and the problem with the blower. It will be duly looked into

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Q9 : When is the best time to use the blower? Day time or night time?

A9 :

1. **You can blow any time you want, day or night**
2. **Most important is you do not rush. Find time for yourself**
3. **Other more important issues are do not drink anything cold after treatment, shower 4 hours after treatment**

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Q10 : Any side effects if we over blow?

A10 :

1. **People have used up to 50 minutes with no side effects except improvements.**
2. **15 to 30 minutes will be just good depending on severity**
3. **Just because something is good, we must not overdo things**

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Q11 : What is the minimum age to use i-TeraCare?

A11 : 1. No minimum age

2. It is even helping infants as much as elderly people

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Q12 : How long can i use the blower each time?

A12 :

1. Normally up to 1 hour
2. If it’s too hot, an auto cut off switch will switch off the blower. Do not panic. Let it cool and you can use it again
3. Ideally, use for 15 to 30 minutes > Stop > Let it Cool > Then use again

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Q13 : Since i-TeraCare is so good, do I need to still take supplements or healthy food?

A13 :

1. **Just like a car needs different kinds of oil to function well, the body needs different nutrients as well by way of healthy food or supplements to keep it healthy**

2. **The blower works on the therapeutic level, whereas the supplements and healthy food help nutritionally**

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Q14 : After using and solving my problem, do i still need to continue using the blower?

A14 :

1. **Just as we eat and drink daily to maintain our health, blowing daily maintains what you have solved**
2. **If the body could solve the problem by itself, you do not need the blower**
3. **So when you stop blowing, the body might try to revert to its old condition**

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Q15 : How many times do I need to blow to see results?

A15 :

1. **Some people start seeing results even after the first time**
2. **Anywhere from 5 to 15 times will be good to see good results**
3. **It all depends on how chronic the problem is, your body condition and general health**

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Q16 : Hair dryer is blowing out hot air too.
So, is this blower the same as a hair dryer?

A16 :

1. **The diference is this device also blows Terahertz energy and a target light**

2. **In facts, ladies are using the i-TeraCare blower to blow scalp and hair and finding their scalp and hair getting stronger and also the hair getting thicker. They also notice less hair fall**

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Q17 : How to prove there is energy when you use the blower?

A17 : 1. Presently only the manufacturer have a testing device

2. The cheapest device in the market presently is about USD 300 - 400

3. For our purpose, you can do a simple energy test. You can find the link on how to do it on YouTube

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FOCUS

Healing Crisis

- What are some of the symptoms that you get when you use the blower?
- Why do you get these reactions?
- We are not talking about general diseases and their treatment

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i-TeraCare Recovering Effect / Healing Crisis

1. **Feeling Hot**
   - Heatiness in the body
2. **Feeling Cold**
   - Poor circulation in the body
3. **Itchiness**
   - Increased circulation the blood
4. **Bloating**
   - Stomach. Gastrointestinal (GI) tract is filled with air or gas

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i-TeraCare Recovering Effect / Healing Crisis

5. **Numbness**
   - Damage to the nerves / QI flow is no good
6. **Rheumatic Pain**
   - Poor blood circulation
7. **Pain**
   - Blockage of meridians or blood clots in vessels
8. **Sweating**
   - A sign of skin detoxification

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i-TeraCare Recovering Effect / Healing Crisis

9. **Red Rash**
   - A sign of skin detoxification
10. **Frequent Urinating**
   - Removal of toxins / excess water
11. **Fever**
   - Removal of toxins
12. **Recurrence of Chronic Sicknesses**
   - Normal phenomenon of detoxification

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i-TeraCare Recovering Effect / Healing Crisis

13. **Dizziness**
    - Means that there is blockage of QI and poor blood circulation
14. **Feeling of "Moving Around" in the body**
    - This is a good reaction, which implies the smoothness of the meridian
15. **Discharge**
    - Gynaecological diseases, indicating that there is improvement of your gynaecological issues and also reduce inflammation, which is a natural reaction

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CONCLUSION

1. Continue using the blower even though you may feel uncomfortable for some time
2. Drink plenty of water
3. Chronic diseases come from accumulation over time. So give time to recuperate
4. Recovery is different for different people
5. Be patient. This is not a miracle. Let the body heal itself

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Friendly Reminder

Using i-TeraCare Blower may have some reactions:

1. **Due to different individual physical body structure, some may experience painful on certain areas**
2. **Previous unhealed or untreated pains or symptoms will appear during treatments**
3. **During therapy, such reaction may appear from time to time**

All of the ablove reactions are normal due to its therapy healing process.

After Therapy: **For fast recovery and healing, you are strongly advice NOT to consume cold water and/or cold food, or eat raw. NO fan and air-conditioner. You can only shower after 4 hours of the therapy, otherwise it will be counter productive!**

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Usage Precautions

1. **Features:**

   i-TeraCare blower is for external use only, and not recommended for more than 30 minutes of continuous use each time

2. **Air Inlet and Outlet:**

   While using the blower, do NOT block the air inlet and outlet. Clean the air inlet regularly to prevent dust blockage. Keep the device clean at all time.

3. **Power Cord:**

   While using the blower, do NOT shake it vigorously. Do NOT pull cord when unplugging the device.

4. **Heat Dissipation:**

   Before storing, allow device to be totally cool down. Store in the box provided.

5. **Device Inner Structural:**

   Made from delicate crystal tubes. Handle with care and DON’T drop

iTeraCare™

Not Recommended For

Pregnant women/ Menstruation

Acute Diseases

People with congenital heart and diseases

Objects Implanted/ Electronics

Open wound and fracture